

## 09-27-2026 Message



### Part 6: Making Room for What Matters Most

"Let's Go..."

3

“

Hurry is not of the devil. It is the devil.

”

Carl Jung, as quoted by Richard Foster, *The  
Celebration of Discipline*

4



Bronnie Ware, hospice nurse and author of  
*The Top Five Regrets of the Dying*

5

### The Regrets

1. I wish I'd had the courage to live a life true to myself, not the life others expected of me.
2. I wish I hadn't worked so hard.
3. I wish I'd had the courage to express my feelings.
4. I wish I had stayed in touch with my friends.
5. I wish that I had let myself be happier.



6

We all want to make the most of the  
time we have.

7

<sup>4</sup>“LORD, remind me how brief my time on  
earth will be.  
Remind me that my days are numbered—  
how fleeting my life is.

Psalms 39:4 (NLT)

8

Psalms 39:4 (NLT)

<sup>12</sup>Teach us to number our days,  
that we may gain a heart of wisdom.

Psalms 90:12 (NIV)

<sup>12</sup>Teach us to make the most of our time.

Psalms 90:12 (NLT)

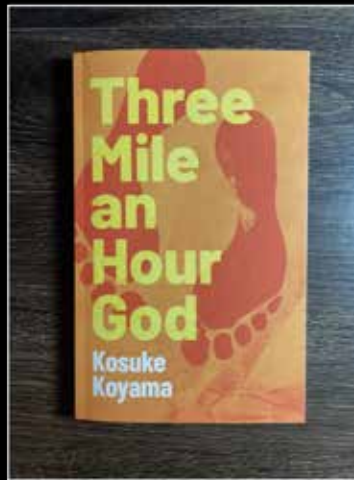
"You can be busy and still be present.  
But you cannot be in a hurry and still  
be present."

11

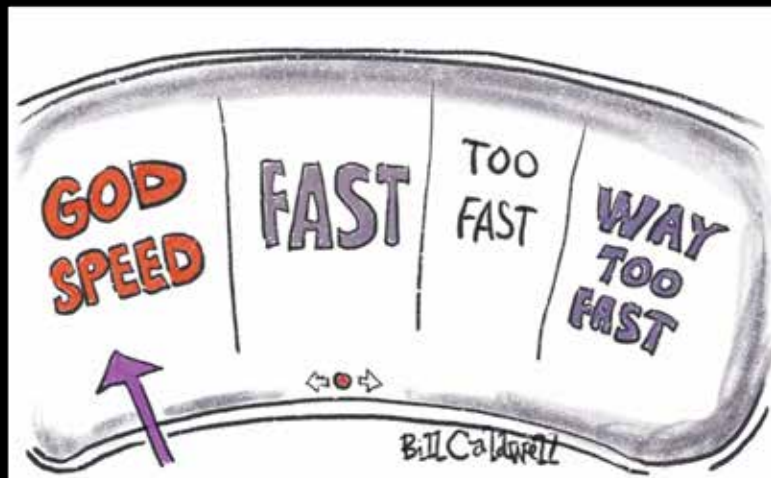
#### HURRY:

- steals our peace with God
- distracts us
- leads us to neglect what matters most
- robs us of joy

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14

Jesus was busy, but never in a hurry.  
His life was filled with interruptions, yet  
he was not irritable.

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## **The Antidote to Hurry: Building Margin**

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<sup>96</sup>I have learned that everything has limits.

Psalms 119:96 (GNT)

18

Psalms 119:96 (NIV)

MARGIN: The space between my load  
and my limits.

19

MARGINLESS:

- stress
- fatigue
- hurry
- anxiety, the disease  
of our day

MARGIN:

- energy
- calm
- peace
- presence, the cure

20

Even Jesus built margin into His life.

21

WHAT DID JESUS MAKE ROOM FOR?

- He prioritized scripture.

22

<sup>16</sup>When he came to the village of Nazareth, his boyhood home, he went as usual to the synagogue on the Sabbath and stood up to read the Scriptures.

Luke 4:16 (NLT)

23

Luke 4:16 (NLT)

### WHAT DID JESUS MAKE ROOM FOR?

- He prioritized scripture.
- He prioritized prayer.

24

<sup>39</sup>Then, accompanied by the disciples, Jesus left the upstairs room and went as usual to the Mount of Olives.

<sup>40</sup>There he told them, “Pray that you will not give in to temptation.”

Luke 22:39-40 (NLT)

25

Luke 22:39-40 (NLT)

### WHAT DID JESUS MAKE ROOM FOR?

- He prioritized scripture.
- He prioritized prayer.
- He prioritized work but did not allow his work to control his life.

26

<sup>15</sup>Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. <sup>16</sup>But Jesus often withdrew to lonely places and prayed.

Luke 5:15-16 (NIV)

27

Luke 5:15-16 (NIV)



### WHAT DID JESUS MAKE ROOM FOR?

- He prioritized scripture.
- He prioritized prayer.
- He prioritized work but did not allow his work to control his life.
- He made room for people.

28

<sup>40</sup>Now when Jesus returned, a crowd welcomed him, for they were all expecting him. <sup>41</sup>Then a man named Jairus, a synagogue leader, came and fell at Jesus' feet, pleading with him to come to his house <sup>42</sup>because his only daughter, a girl of about twelve, was dying.

Luke 8:40-48 (NIV)

29

Luke 8:40-48 (NIV)

As Jesus was on his way, the crowds almost crushed him. <sup>43</sup>And a woman was there who had been subject to bleeding for twelve years, but no one could heal her. <sup>44</sup>She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped.

Luke 8:40-48 (NIV)

30

Luke 8:40-48 (NIV)

<sup>45</sup>“Who touched me?” Jesus asked.  
When they all denied it, Peter said, “Master,  
the people are crowding and pressing  
against you.”

<sup>46</sup>But Jesus said, “Someone touched me; I  
know that power has gone out from me.”

<sup>47</sup>Then the woman, seeing that she could

Luke 8:40-48 (NIV)

31

Luke 8:40-48 (NIV)

not go unnoticed, came trembling and fell at  
his feet. In the presence of all the people,  
she told why she had touched him and how  
she had been instantly healed. <sup>48</sup>Then he  
said to her, “Daughter, your faith has healed  
you. Go in peace.”

Luke 8:40-48 (NIV)

32

Luke 8:40-48 (NIV)



33

**Make Room: Building Margin**

34

Five moves:

1. Notice your life pace and your own level of impatience and irritability.

35

<sup>40</sup>But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

<sup>41</sup>“Martha, Martha,” the Lord answered, “you are worried and upset about many things,

Luke 10:40-42 (NIV)

36

Luke 10:40-42 (NIV)

<sup>42</sup>but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.”

Luke 10:40-42 (NIV)

37

Luke 10:40-42 (NIV)

Five moves:

2. Know your limits.

38

<sup>13</sup>I can do all this through him who gives me strength.

Philippians 4:13 (NIV)

39

Philippians 4:13 (NIV)

Five moves:

3. Resist the constant push for more.

40

Five moves:

4. Say NO to good things so that you can say YES to the best things.

41

Five moves:

5. Put first things first.

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<sup>33</sup>But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Matthew 6:33 (NIV)

43

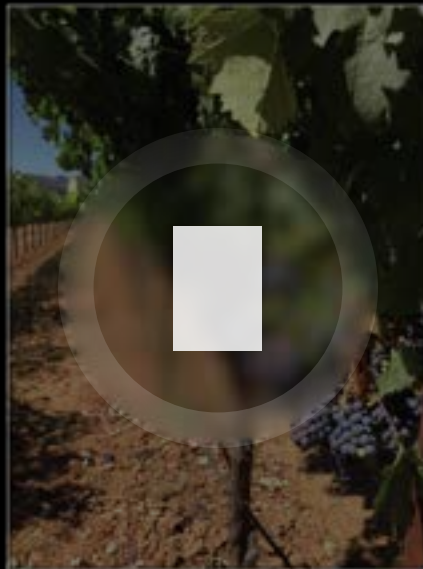
Matthew 6:33 (NIV)

Build a framework (trellis) of habits that reflect my priorities.

44



45



46

<sup>22</sup>But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup>gentleness and self-control. Against such things there is no law.

Galatians 5:22-23 (NIV)

47

Galatians 5:22-23 (NIV)

Building a framework of habits that  
reflect my priorities:

48

<sup>12</sup>Teach us to make the most of our time.

Psalms 90:12 (NLT)

49

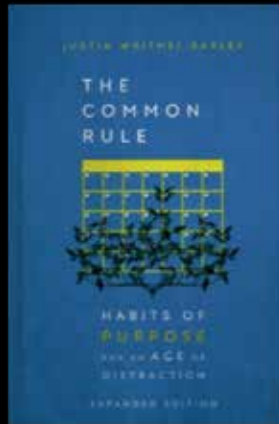
Psalms 90:12 (NLT)

<sup>15</sup>Be very careful, then, how you live—not as  
unwise but as wise,  
<sup>16</sup>making the most of every opportunity,  
because the days are evil.

Ephesians 5:15-16 (NIV)

50

Ephesians 5:15-16 (NIV)



Justin Whitmel Earley suggests 8 habits in his book *Common Rule*, you might want to adopt his or create your own habits list:

51

### JUSTIN'S DAILY HABITS:

- Pray 3 times a day—first thing in the morning, at lunch and at bedtime
- One meal with others (could be family, coworkers, or friends)
- One hour with phone off
- Scripture before phone

52

### JUSTIN'S WEEKLY HABITS:

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- One hour of conversation with a friend
- Curate media to four hours a week
- Fast from something for 24 hours—food, sugar, caffeine, social media, TV, etc.
- Sabbath

53

### KEY QUESTIONS TO ASK:

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1. Is my schedule helping me to live the kind of life that Christ calls me to live?
2. Do I find myself increasingly feeling exhausted by the weekend?
3. How am I feeding my soul?

54

<sup>11</sup>These things I have spoken to you, that my joy may be in you, and that your joy may be full.

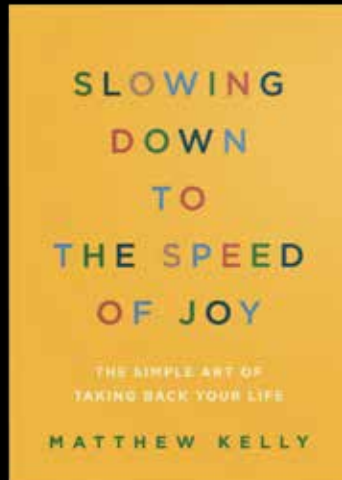
John 15:11 (ESV)

55

John 15:11 (ESV)

**Slowing Down to the Speed of Joy:**

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57

Joy has a speed, and it's slower than  
the pace most of us are living.

58

Joy is not something we produce by trying harder. Like Sabbath, it's something we receive as a byproduct of our time with God and the margin we create.

59

<sup>4</sup>Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. <sup>5</sup>I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

John 15:4-8 (ESV)

60

John 15:4-8 (ESV)

<sup>6</sup>If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. <sup>7</sup>If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you.

John 15:4-8 (ESV)

61

John 15:4-8 (ESV)

<sup>8</sup>By this my Father is glorified, that you bear much fruit and so prove to be my disciples.

John 15:4-8 (ESV)

62

John 15:4-8 (ESV)

Joy is not waiting on the other side of a faster life. It's on the other side of a slower one: one with margin in the schedule, rest we didn't earn, and people we stopped rushing past.

63



64 Group

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